



KENTUCKY ASSOCIATION  
OF ADULT DAY CENTERS

To Activate, Motivate, and Rehabilitate

## 2013 National Adult Day Services Conference

Presented by the National Adult Day Services Association  
and the Kentucky Association of Adult Day Centers

**October 10-12, 2013**

**Hyatt Downtown Louisville, Kentucky**

*“Adult Day Services—Pushing Boundaries to Reach New Heights”*

Learn from informative sessions specifically for adult day services focused on creative programming, positive aging and health and wellness practices, business strategies, funding and reimbursement, collaboration and partnership, advocacy, research and program development of practices and more.

### Schedule

#### Thursday, October 10

- 8:00AM-5:00PM Registration /Information Desk Open
- 8:00AM-9:00AM Continental Breakfast for Pre-Conference Workshop Registrants
- 9:00AM-12:00PM Pre-Conference Session (additional fee required) OR
- 9:30AM-11:30AM Site Visits
- 12:00PM-5:00PM NADSA Store Open
- 12:00PM-1:30PM Lunch-on your own
- 1:30PM-3:30PM Site Visits repeat OR
- 1:30PM-4:30PM Pre-Conference Sessions (additional fee required)
- 3:00PM-5:30PM Exhibitors Set Up
- 5:00PM State Association Leaders gather for dinner (Dutch treat)
- 6:00PM-10:00PM Welcome to Kentucky Reception (Hosted by the Kentucky Association of Adult Day Centers)

#### Friday, October 11

- 7:00 AM-5:00 PM Registration/Information Desk Open
- 8:00 AM-9:00 AM Breakfast
- 8:00 AM-5:30 PM Exhibits Open
- 8:00 AM-5:30 PM NADSA Store Open
- 8:30 AM-8:45 AM Welcome and Opening Remarks
- 8:45 AM-9:45 AM Keynote Presenter: NADSA Marketing Committee
- 10:00 AM-11:30 AM Breakout Sessions (4)
- 11:30 AM-12:00 PM Meet Your Vendors
- 12:15 PM-1:45 PM Lunch & Presentation on National Research
- 2:00 PM-2:30 PM Meet Your Vendors
- 2:45 PM-4:15 PM Breakout Sessions (4)
- 4:30 PM-5:30 PM Vendor Reception & Happy Hour: Meet Your Vendors/State Association Gatherings
- 6:00PM Dinner On Your Own

#### Saturday, October 12

- 7:00 AM-4:00 PM Registration/Information Desk Open
- 7:30AM-8:30AM Continental Breakfast
- 8:00 AM-1:00 PM Exhibits Open
- 8:00 AM-4:00 PM NADSA Store Open
- 8:00 AM-8:45 AM Welcome, Door Prizes & Future Adult Day Services (NADSA Business Meeting)
- 8:45 AM-9:00 AM Meet the Vendors
- 9:15 AM-10:45 AM Breakout Sessions (4)
- 11:00 AM-12:30 PM Breakout Sessions (4)
- 12:30-1:00 PM Last Chance to Meet Your Vendors
- 12:45 PM-2:15 PM Awards Luncheon, Presentation of National Awards
- 2:30 PM-4:00 PM Breakout Sessions (4)
- 4:00 PM Safe Travels! See you next time!

# 2013 NATIONAL CONFERENCE REGISTRATION FORM

Please complete a separate registration form for each registrant.

NAME \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_

EMAIL \_\_\_\_\_

SPECIAL DIET \_\_\_\_\_ Are you opening a center? Yes \_\_\_\_\_ No \_\_\_\_\_

## PRE-CONFERENCE INTENSIVES

### REGISTRATION, Thursday, Oct. 10

- Morning Pre-Conference Intensive only: \$50 per person
  - Afternoon Pre-Conference Intensive only: \$50 per person
  - Morning and Afternoon Pre-Conference Intensives: \$85 per person
- \*\*\*\*\*Site Visits Complimentary—see next page

### CONFERENCE REGISTRATION (Full Conference Friday & Saturday, Oct. 11-12)

Registration fees for the full conference= access to welcome reception + 20 breakout sessions + keynote and panel presentations + Vendor Reception & Happy Hour + 4 meals including the national awards presentation. Save \$50 per person with early bird discounts until July 31! **\$50 late fee will apply after September 27, 2013.**

- NADSA Members \$299 (or \$249 per person until July 31)**
- Non-NADSA Members \$399 (or \$349 per person until July 31)**
- Veteran Full Conference Registration \$249 per person**
- Student Full Conference Registration \$199 per person (\$149 per person until July 31)**
- Presenter Full Conference Registration (Friday & Saturday, Oct. 11&12) - \$149 per person**
- Award Winner Full Conference Registration \$149 per person**

## CONFERENCE SINGLE DAY REGISTRATION

- Friday only (Oct. 11)** \$199 per person (**\$149 per person** until July 31)
- Saturday only (Oct. 12)** \$199 per person (**\$149 per person** until July 31)
- Student-Friday only** (Oct. 11) \$149 per person (**\$99 per person** until July 31)
- Students-Saturday only** (Oct. 12) \$149 per person (**\$99 per person** until July 31)
- Presenter Friday Only, Oct. 11** (complimentary registration for Friday)
- Presenter Saturday Only, Oct. 12** (complimentary registration for Saturday)
- Award Winner Saturday Only, Oct. 12** (complimentary registration for Saturday)

AMOUNT DUE \$ \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

Payment Method  Check  Credit Card

Remit to: NADSA, 1421 E. Broad Street, Suite 425,  
Fuquay-Varina, NC 27526,  
FAX (919) 825-3945  
or pay online at [www.nadsa.org](http://www.nadsa.org)

Today's Date \_\_\_\_\_

### FOR CREDIT CARD PROCESSING ONLY:

Visa  Mastercard  American Express

Account # \_\_\_\_\_

Expiration Date \_\_\_\_\_

Security Code \_\_\_\_\_

Card Holder's Name \_\_\_\_\_

Card billing address if different from above  
\_\_\_\_\_

OFFICE USE ONLY: Date Received \_\_\_\_\_ Check # \_\_\_\_\_ Amount \$ \_\_\_\_\_

**Choose from the following options:**

**Thursday, Oct. 10 Pre-Conference Intensives** (additional fee)

**9:00AM-12:00PM** (choose one)

- Keys to Building Person-Centered Relationships Part 1
- Marketing Adult Day Services for Growth
- Using Financial Ratios as Performance Indicators in Adult Day Services

**1:30-4:30PM** (choose one)

- Keys to Building Person-Centered Relationships Part 2
- Hot Topics in Employment Law: Social Media; the Intersection of HIPAA and the NLRB; and Everyday Challenges

**Thursday, Oct. 10 Optional Events, no charge; but Pre-Registration Required**

- 9:30-11:30AM** Morning site visits (includes transportation) to two adult day centers
- 1:30-3:30PM** Afternoon site visits (includes transportation) to two adult day centers (repeat session)
- 6:00-10:00PM** Welcome to Kentucky Reception at Muhammad Ali Center, Thursday

**Friday, Oct. 11 Breakout Session 10:00-11:30AM** (choose one)

- The Power of Connection
- Aligning Adult Day Outcomes with Relevant Measures and Domains
- Senior Wellness: Beyond Diet and Exercise
- Fall Prevention 101 with The Fall Prevention Lady
- Not Attending

**Friday, Oct. 11 Breakout Sessions 2:45-4:15PM** (choose one)

- Get and Keep the Best Employees: A Guide for Healthcare Leaders
- Bathing in the Adult Day Service Setting: Business Model Considerations
- Person-Centered Approaches to Challenging Behaviors
- Effects of Adult Day Services, Stressors and Cortisol on Daily Mood; Examining the Relationship Between Reported Caregiver Empathy and Dyadic Outcomes
- Not Attending

**Saturday, Oct. 12 Breakout Sessions 9:15-10:45AM** (choose one)

- Adventures in Culture Change: Person-Centered Approaches That Work
- A Therapeutic Approach to Art and Creativity
- Government Relations 101
- Developing a Meaningful, Useful and Measurable Care Plan in Adult Day Services
- Not Attending

**Saturday, Oct. 12 Breakout Sessions 11:00-12:30PM** (choose one)

- Culture and Diversity in Aging
- Inclusive Eastern Exercises Day Habilitation Implementation Essentials
- Identifying Outcomes in a Sea of Diversity A Menu Approach
- "Need a Drink?" Addressing Hydration Needs of Elders
- Not Attending

**Saturday, Oct. 12 Breakout Sessions 2:45-4:00PM** (choose one)

- There is No "I" in the Healthcare Team
- Person-Centered Care Peer Workshop (Part 2 Follow-up from 2012 Conference)
- Improve the Self-Care and Self-Efficacy of Your Family Caregivers
- All You've Got to Do is Act Naturally—Mindfulness and Memory Loss
- Not Attending

**CANCELLATION POLICY:** You may substitute delegates at any time. An administration fee of \$99 will be retained by NADSA for all permitted cancellations received in writing at least fourteen (14) days prior to the conference. Any approved refunds will be processed two weeks after the close of the conference. NADSA is not responsible for any loss or damage as a result of a substitution, alteration or cancellation/postponement of an event. NADSA shall assume no liability whatsoever in the event this conference is cancelled, rescheduled or postponed due to a fortuitous event, Act of God, unforeseen occurrence or any other event that renders performance of this conference impracticable, illegal or impossible. For purposes of this clause, a fortuitous event shall include, but not be limited to: war, fire, labor strike, extreme weather or other emergency. Please note that while speakers and topics were confirmed at the time of publishing, circumstances beyond the control of the organizers may necessitate substitutions, alterations or cancellations of the speakers and/or topics. As such, NADSA reserves the right to alter or modify the advertised speakers and/or topics if necessary without any liability to you whatsoever. Any substitutions or alterations will be updated on our web page as soon as possible.