

PRE-CONFERENCE WORKSHOPS

SEPTEMBER 27, 2023

WS 1

8:30 AM – 11:45 AM CDT
(BREAK: 10:00 AM – 10:15 AM)
CEU Hours: 3

How to Open an Adult Day Center and Beyond *Sponsored by StoriiCare*

This session will provide the information required to open an Adult Day Services center and information to assist those with newly opened centers.

- Learn what is needed to start an Adult Day Services Center including business structure and building and space requirements from organizing the business structure, licensing/accreditation, insurance requirements, funding sources and different types of Adult Day Services models.
- Learn about Adult Day operations and programming including meals, transportation, staffing requirements, activities and enrollment. Ideas and resources for attaining new participants, marketing your center and keeping your center compliant with state and federal regulations.

Presenter: Christina Vlosich, CDP, PTA, ATP, Principal Consultant for ADS Consult LLC and Founder, Family First Adult Day Services

WS 2

8:30 AM – 11:45 AM CDT
(BREAK: 10:00 AM – 10:15 AM)
CEU Hours: 3

Creative Strategies for Expanding Services in Your Center

Join this panel of experts who will be sharing innovative ways to expand the services you are providing in your Adult Day Services center. This will include a discussion of the key areas of focus that integrate in some examples of current ADS providers:

- Serving new populations (behavioral health, I/DD, ethnic groups, emergency placement, intergenerational, etc.)
- Creative approaches to services delivered
 - Transportation (for ADS, BOTH a strength and a weakness)
 - Partnerships/Collaborations; Funding OAA, 5310, others
 - Chronic disease management, caregiver support/respite, assessment, preventing re-hospitalization
 - What is important to managed care & other funders?

- Framework for decision-making (Go/no-go) as an essential part of this process
- Review of an assessment tool/process used in the decision-making process
 - Need to fully understand all “strings” and implications; Examples of “no-go” and why

The session will break into small groups (topic focused) that will discuss their own programs’ opportunities and use of the assessment/review tool (transportation, special populations [IDD, BH, etc.], chronic disease management, etc.) and report out to larger group. The session will conclude a discussion of conclusions and possible going forward steps that can be taken at the groups ADS centers.

Presenters: Jed Johnson, MBA, MSW; Elizabeth Barnes, MHA, Vice President of Program Operations, Easterseals DC/MD/VA, Virginia Dize, Director, Transportation Co-Director, National Aging and Disability Transportation Center, US Aging

WS 3

1:15 PM – 4:30 PM CDT
(BREAK: 3:00 PM – 3:15 PM)
CEU Hours: 3

You Belong Here: Truly Inclusive and Blended Service Models

Seniors and people with intellectual and developmental disabilities (IDD) historically have been supported in different service models. When we merge these systems, everyone benefits from the combined knowledge and resources. Luckily, the person-centered practices that have advanced older adult services are the same practices that best support people with disabilities. All people have dreams, goals, and similar human needs. Ultimately, everyone ages similarly too. Across the nation people with disabilities are transitioning from segregated settings to inclusive, community-based models of support; creating an opportunity for ADS providers to diversify their center, educate their communities, and enhance their marketing through blended service models.

Learning Objectives:

- Attendees will be able to describe an inclusive or blended ADS model including both the benefits and considerations for transitioning your center.
- Attendees will learn and share best practices to include people with IDD in ADS highlighting person-centered strategies and essential staff trainings.
- Attendees will leave with practical ideas that can be adapted and implemented within any Adult Day Service center. This includes education and outreach to your communities and incorporating blended service models into your marketing strategy.

Presenters: Amber Carey-Navarrete, Director of Person-Centered Services, Easterseals Southern California; Elizabeth Barnes, MHA, Vice President of Program Operations, Easterseals DC/MD/VA



2023 NADSA NATIONAL CONFERENCE
Chicago, IL
September 27-29, 2023

WS 4

1:15 PM – 4:30 PM CDT
(BREAK: 3:00 PM – 3:15 PM)
CEU Hours: 3

Integrating Alzheimer's Association Dementia Care Practice Recommendations into ADS
Sponsored by The Alzheimer's Association

In order to ensure that people living with Alzheimer's or related dementia are receiving high quality care that is based on the most up to date evidence, the Alzheimer's Association is highlighting their Dementia Care Practice Recommendations. This pre-conference will cover each of the topic areas for the updated Dementia Care Practice Recommendations, how they can be used to increase quality of care and quality of life for people living with Alzheimer's and related dementia, and how they can be integrated into daily practice by Adult Day Services professionals.

Learning Objectives/Key Takeaways:

1. Attendees will increase their knowledge about the latest facts, figures, current research initiatives and programs for Alzheimer's dementia.
2. Attendees will gain an understanding of each of the topic areas of the updated Dementia Care Practice Recommendations.
3. Attendees will learn how to apply each of the topic areas of the Dementia Care Practice Recommendations to the setting of adult day services.
4. Attendees will interact in small groups to discuss the Dementia Care Practice Recommendations and discuss how they can be utilized best within their adult day settings.
5. Attendees will learn about services, training opportunities, and online resources offered through the Alzheimer's Association.

Presenters: Doug Pace, NHA, Senior Director, Long-Term & Community-Based Care, Alzheimer's Association; Merle Griff, PhD, CEO and President, SarahCare Adult Day Care Centers and Services; Emily Shubeck, Senior Associate Director, Quality Care, Alzheimer's Association