



2023 NADSA NATIONAL CONFERENCE
Chicago, IL
September 27-29, 2023

ADS CENTER SITE VISITS

SEPTEMBER 27, 2023

Transportation Provided and Sponsored by TESCO

SV1 – CHINESE AMERICAN SERVICE LEAGUE (CASL)

8:30 AM – 11:45 AM CDT

CASL enables seniors to achieve healthy living and aging in place through our person-centered, culturally competent, and integrated home and community-based services. Programs for seniors support the mental and physical health of aging adults in the community and encourage them to live healthy, happy, independent, and engaged lives. Seniors participate in enrichment activities at a full-day community center to enhance their physical, mental, and social well-being. Safe transportation via CASL bus is provided along with nutritious meals. A licensed social worker and a registered nurse are on staff.

SV2 – CHICAGO COMMONS SOLD OUT

8:30 AM – 11:45 AM CDT

Chicago Commons - Adult Day Services (ADS) and headquarters, is a premier ADS center serving Bronzeville, Hyde Park, Washington Park, Kenwood, Woodlawn and surrounding areas in Chicago. It provides services including home health care and more to help seniors stay healthy and independent at home. They also offer yoga, Zumba, tai chi, nutritious meals, snacks cooked on-site, movies, and music therapy.

SV3 – CASA CENTRAL ADULT WELLNESS CENTER SOLD OUT

1:15 PM – 4:30 PM CDT

Casa Central 's accredited Adult Wellness Center offers daily center-based care to Latino and other older adults, 60 years of age and older, and provides a wide variety of fun and therapeutic activities that help older adults maintain, improve and/or restore their emotional, cognitive, and physical well-being. Its Adult Wellness Center offers unique bilingual and bicultural services within a safe and supervised setting.